

Daily Discipleship **Experiencing Peace**

There are times when we become fretful. Being fretful is different than being full of fear. While fear keeps us from moving forward, having fret is being full of anger, bitterness, and hatred. It truly robs us of having peace.

Memory Verse

Psalms 37:1-2 A Psalm of David. Fret not thyself because of evildoers, neither be thou envious against the workers of iniquity. 2 For they shall soon be cut down like the grass, and wither as the green herb.

Daily Reading

Beginner Reading Plan:

Judges 15-21

Basic Reading Plan:

Judges 15-21/Mark 8-16

Advanced Reading Plan

Judges 15-21/Mark 8-16

Ecclesiastes 1-7/Proverbs 29-30

Daily Devotional and Discussion

Day 1 – Psalm 37:1-7

Describe the steps we need to apply when fret enters our lives?

Day 2 – Psalm 73

List and describe some reasons why we should not be envious of those that lost.

Day 3 – Psalm 37:8

How does anger and wrath rob us of peace?

Day 4 – Isaiah 26:3

What does this passage say about maintaining peace?

Day 5 – Philippians 4:4-8

What are some practices we can implement on a daily basis to help us maintain peace?

Day 6 – Hebrews 6:10-12

How does this passage help prevent becoming fretful towards God?

Day 7 – Psalm 55:22

How does this verse apply to what you have learned this week?

I will statement:
